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What Is Ptsd?



Synopsis

What is PTSD? was written from a child's point of view. The book was designed to educate children about PTSD, how it effects their loved ones and to ensure them that it is not their fault.

Book Information

Paperback: 54 pages

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Product Dimensions: 6 x 0.1 x 9 inches

Shipping Weight: 3 ounces (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars [See all reviews](#) (2 customer reviews)

Best Sellers Rank: #1,844,278 in Books (See Top 100 in Books) #189 in [Books > Parenting & Relationships > Family Relationships > Military Families](#) #1294 in [Books > Health, Fitness & Dieting > Mental Health > Post-traumatic Stress Disorder](#) #2027 in [Books > Health, Fitness & Dieting > Mental Health > Depression](#)

Customer Reviews

Good book for any family with parents overseas in combat or have returned from combat. It helps try to explain on a child's level what their parent is going through if they have PTSD.

Excellent read with aa great message.

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